

SUIT Application Video Outline

The purpose of this video is to allow you to demonstrate your aptitude for teaching and your motivation to complete the SUIT program.

TASK: Submit a 2-3 minute application video in MP4 or MOV format; file size under 250 MB where possible.

Your response will be assessed on:

- Motivation: authentic, clear, considered motivation for teaching and SUIT
- Aptitude: evidence of strengths and values relevant to working with others
- Reflection: growth Mindset and readiness to learn
- Professional presence: appropriate tone and presentation

Recommended structure (2–3 minutes)

1. Introduction 20–30s: Name, school, and a one sentence snapshot: “I want to be a teacher because...”.
2. Motivation for SUIT 45–60s: Why SUIT specifically (what you hope to learn/do), and what has shaped your interest in teaching.
3. Teaching aptitude 60–75s: One or two examples that show strengths relevant to teaching (e.g., leadership, working with children/young people, coaching, tutoring, teamwork, service, communication, reliability).
4. Reflection and close 20–30s: What you are currently working on improving and how you will approach feedback. Finish with thanks.

Additional Prompt bank (choose 3–4 prompts total)

You do not need to answer every prompt. Rather, select prompts that best tell your story.

Motivation and fit

- What draws you to teaching, and why now?
- Which experiences have influenced your interest in becoming a teacher?
- How do you hope SUIT will help you decide if teaching is right for you?

Strengths for teaching

- Describe a time you led or supported others (sport, school, parish, community, work). What did you learn?
- How do you build positive relationships with others?
- Give an example of how you communicate clearly or explain something to someone else.

Growth mindset and professionalism

- Tell us about a time you received feedback. How did you respond?
- What is one skill you are working to improve, and what steps are you taking?
- How will you manage commitments and meet expectations during SUIT?

HINTS:

- Set-up: phone or laptop camera; quiet space; face visible; good lighting; speak clearly.
- Presentation: no special editing required. A single-take video is acceptable.
- Academic integrity: you may speak from notes but do not read a script word-for-word.
- No discussion of confidential school information or student stories.